The Media World Cup Lubelskie 2019 (19th - 23th June) consists of mountain bike and road bicycle racing. Media World Cup is the series of sport events for journalists, publishers, editors, website and Facebook administrators from all over the world.

Media World Cup is an ambitious sport challenge organized for the media people and at the same time an event promoting Poland, located in the most beautiful touristic regions.

This will be the 3nd edition of the MTB Media World Cup. This year we invite you to the Lubelskie Voivodeship.

After the sport effort, the participants will visit some interesting places of Polish history and culture, see the beautiful nature and get to know the local cuisine.

In three editions of the Media World Cup, 170 journalists from 20 countries competed - China, Japan, USA, Brazil, Taiwan, Austria, Belgium, Denmark, the Netherlands, Italy, Great Britain, Turkey, Norway, Sweden, Ukraine, Russia, Greece, Germany, Finland, Poland.

The races categories are the following:

Open M (men)

M1 men up to 30 years old / up to 1989

M2 men 31 - 45 years old / 1988-1974

M3 men 46+ / 1973 and older

Open W (women)

W1 women up to 30 years old / up to 1989

W2 women 31 - 45 years old / 1988-1974

W3 women 46+ / 1973 and older

At the end of the race, the first 3 participants of each category will be awarded. Winners get the Media World Cup Poland 2019 title + gold, silver and bronze medals for places 1 to 3 sponsored by the Active Time as proud supporter of the Media World Cup Lubelskie 2019.

Program:

19 June - Wednesday

07.00 - 14.00 - Arraval to the airport in Warsaw

09.00 – 17.00 - Transfer from the airport to Król Kazimierz hotel in Kazimierz Dolny

14.00 – 20.00 - Dinner buffet, free time at the Main Market Square in Kazimierz Dolny

21.00 - 23.00 - Gala dinner

20 June - Thursday

07.00 – 09.30 - Breakfast

10.00 – 14.00 - MTB trip – Kazimierz-Mięćwierz-Janowiec-Kazimierz

14.30 - 15.30 - Dinner

15.30 - 16.30 - Transfer to Lublin

17.00 – 23.30 - Regional feast in Muzeum Wsi Lubelskiej", beer tasting in the Old Town in Lublin

21 June - Friday

08.00 – 09.30 - Breakfast

09.30 – 09.45 - Technical briefing

- 10.00 10.30 Transfer to the start of the race, warm-up
- 10.30 10.35 Road race start Port on the Vistula
- 13.00 14.00 Arrival of participants at the finish line of the race
- 13.00 14.30 Buffet at the finish line of the race
- 14.30 14.35 Transfer to the hotel, relax and free time
- **18.00 19.30** Dinner on the Main Market Square in Kazimierz Dolny

22 June - Saturday

- **07.00 09.30** Breakfast
- **10.00 10.30** Technical briefing
- **11.40 11.00** Warm-up, preparation to the start
- 11.30 11.35 MTB race start at the Main Market Square in Kazimierz Dolny
- 14.30 15.30 Arrival of participants at the finish line of the race
- 14.30 16.30 Buffet at the finish line of the race
- **19.00 20.00** Regional dinner
- 20.30 21.30 Winners, medals and prizes ceremony the stage at the Main Market Square in Kazimierz Dolny

23 June - Sunday

- **07.00 09.30** Breakfast
- 10.00 12.30 Transfer form the hotel to the airport in Warsaw

The number of participants is limited. To register please use a registration form on: $\underline{\text{http://mwcup.eu/registration-form}}$